

## PSHE in ITE – Undergraduate Exemplar:

Year 1	<b>Core curriculum sessions on:</b>	<b>Conference Day</b>
	<ul style="list-style-type: none"> <li>* Safeguarding</li> <li>* Inclusion and diversity</li> <li>* Mental health training</li> <li>* Managing risks and promoting resilience</li> <li>* Picture books in PSHE – linked to English</li> </ul>	<p>½ or 1-day conference style delivery with workshops covering a range of topics from the PSHE Association Programme of study.</p>
<b>In-school task: Observe and reflect upon a PSHE education lesson</b>		
Year 2	<b>Core curriculum sessions on:</b>	<b>Conference Day</b>
	<ul style="list-style-type: none"> <li>* Online resilience</li> <li>* Picture books in PSHE – linked to English</li> <li>* Diverse Families</li> </ul>	<p>½ day conference style delivery with workshops covering a range of topics from the PSHE Association Programme of study.</p>
<b>In-school task: Plan and teach a PSHE education lesson</b>		
Year 3	<b>Core curriculum sessions on:</b>	<b>Conference Day</b>
	<ul style="list-style-type: none"> <li>* Research in PSHE</li> <li>* Current affairs in PSHE</li> <li>* Sustainable Development Goals</li> <li>* RSE education</li> <li>* FGM training</li> </ul>	<p>½ day conference style delivery with workshops covering a range of topics from the PSHE Association Programme of study.</p>
<b>In-school task: Plan a series of PSHE education lessons</b>		

## PSHE in ITE – Postgraduate Exemplar:

Term 1: Health and Wellbeing	Core curriculum sessions on:	Conference Day	Cross-curricular sessions:
	<ul style="list-style-type: none"> <li>* Safeguarding</li> <li>* Inclusion and diversity</li> <li>* Mental health training</li> </ul>	<p>½ day conference style delivery with workshops covering a range of topics from the PSHE Association Programme of study</p>	<ul style="list-style-type: none"> <li>* Responsible use of mobile technology and social media - Computing</li> <li>* Drug and alcohol education - Science</li> </ul>
In-school task: Observe and reflect upon a PSHE education lesson			

Term 2: Relationships	Core curriculum sessions on:	Conference Day	Cross-curricular sessions:	Online resources and forum
	<ul style="list-style-type: none"> <li>* FGM Training</li> <li>* RSE education</li> <li>* Diversity and inclusion within relationships</li> </ul>	<p>½ day conference style delivery with workshops covering a range of topics from the PSHE Association Programme of study</p>	<ul style="list-style-type: none"> <li>* Online resilience - Computing</li> <li>* Picture books in PSHE - English</li> </ul>	<ul style="list-style-type: none"> <li>* Online resilience</li> <li>* Dealing with tricky questions</li> </ul>

Term 3: Living in the wider World	Core curriculum sessions on:	Conference Day	Cross-curricular sessions:	Online discussion forum
	<ul style="list-style-type: none"> <li>* Current affairs in PSHE</li> <li>* RSE Education update</li> </ul>	<p>½ day conference style delivery with workshops covering a range of topics from the PSHE Association Programme of study</p>	<ul style="list-style-type: none"> <li>* Research in PSHE – research methods</li> <li>* Sustainable Development Goals – Geography/outdoor education</li> </ul>	<ul style="list-style-type: none"> <li>* Wildlife charities and how to organise external speakers</li> </ul>