

# PSHE Association Annual Conference 2019

## Workshops

*We are delighted to publish details of our practical workshops for this year's conference events in Leeds and London. Delegates can attend two sessions on the day. We are asking you to select your first, second, third and fourth preferences for the sessions that you want to attend.*

*While we will endeavour to offer delegates your top two choices this won't always be possible due to scheduling clashes, the popularity of some workshops or where low uptake makes some sessions unviable to run. In such cases, we can offer other choices from your top four, so it is important to list four choices that you would like to attend otherwise we will have to randomly allocate.*

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### **Workshop 1: Everything you wanted to know about statutory Relationships Education/RSE and Health Education but were afraid to ask! (Cross-phase)**

Relationships Education (in primary schools), Relationships and Sex Education (in secondary schools) and Health Education will become statutory in September 2020. This creates huge opportunities, but big challenges too. This workshop will explore the DfE's statutory guidance, including policy and curriculum requirements, while discussing how the upcoming changes will impact on PSHE in your school (and your 'to do list'!).

### **Workshop 2: A beginners guide to teaching Relationships Education (Primary)**

Some primary teachers may be teaching Relationships Education for the first time, and developing new lessons on anything from managing friendships to 'making babies'. This workshop will equip those new to this aspect of PSHE with an understanding of safe practice, and a range of practical classroom activities for teaching the statutory Relationships Education content and the recommended sex education elements with confidence.

### **Workshop 3: Creative and participatory approaches to great RSE (Secondary)**

This is a workshop for schools looking to update and breathe new life into their key stage 3 and 4 Relationships and Sex Education (RSE) programmes in preparation for September 2020. This workshop will explore a range of innovative approaches that have been tried and tested with young people. You will come away with a range of adaptable and practical ideas to deliver great RSE.

### **Workshop 4: Promoting mental health & emotional wellbeing through PSHE: Launching our new lesson plans (Primary)**

The DfE's new statutory guidance for Health Education puts increased emphasis on this sometimes challenging aspect of PSHE education. This workshop will show you how to confidently teach about, and promote, mental health at key stages 1 and 2, and introduces our updated mental health guidance and new lesson plans.

### **Workshop 5: Promoting mental health & emotional wellbeing through PSHE education – Launching our new lesson plans (Secondary)**

The DfE's new statutory guidance for Health Education puts increased emphasis on this sometimes challenging aspect of PSHE education. This workshop will show you how to confidently teach about, and promote, mental health at key stages 3 and 4, and introduces our updated mental health guidance and new lesson plans.

### Workshop 6: Is your school Gamble Aware? (Cross-phase)

Children and young people are increasingly exposed to gambling as it becomes more accessible and pervasive. This workshop will look at how gambling affects young people across different age groups and schools' role in addressing the problem. We will explore our recent classroom research, effective practice and age-appropriate teaching activities. Come along to this interactive, practical workshop to gain confidence in addressing gambling in your PSHE programme.

### Workshop 7: Working with student teachers in PSHE education (Cross-phase)

This workshop will help those working with student teachers or NQTs to develop their ability to plan, teach and assess PSHE education. We will use findings from our recent investigation into initial teacher education to identify where beginning teachers may need most support. We will also share ideas about how to use our training framework for teacher educators and trainee teachers alongside our CPD certificate in your school or setting.

### Workshop 8: PSHE education: Providing compelling evidence for 'Personal Development' in Ofsted inspections (Cross-phase)

Ofsted's new Common Inspection Framework puts renewed focus on the breadth and balance of the curriculum and on personal development. This workshop will discuss the new framework's implications for PSHE and demonstrate how schools can use their PSHE curriculum to present compelling evidence for inspection. We will explore activities that not only provide effective learning but also bring to life the intent, implementation and impact of PSHE education in the school.